## Self-Assessment: How well are you preparing for your exams?

Always	<b>Sometimes</b>	Never
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- 1. Do you look at the syllabus to check what specific content will be cover on your exam before you begin to study?
- 2. Do you set out a plan to how you will begin to study the material?
- 3. Do you set aside time days leading up to the exam that you will spend studying for each exam?
- 4. Do you think through different study strategies that you could use to study for the exam?
- 5. Do you find a place to study that has no distractions?
- 6. Do you study in groups?
- 7. Do you use a variety of ways to study?
- 8. Do you review your mistakes on past exams or quizzes?
- 9. Do you combine information from both your class notes, textbooks, and homework?

Based on this assessment, where do you see areas that you could improve your study					
habits?					
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