

Self-Assessment: How well are you preparing for your exams?

Always Sometimes Never

1. Do you look at the syllabus to check what specific content will be cover on your exam before you begin to study?
2. Do you set out a plan to how you will begin to study the material?
3. Do you set aside time days leading up to the exam that you will spend studying for each exam?
4. Do you think through different study strategies that you could use to study for the exam?
5. Do you find a place to study that has no distractions?
6. Do you study in groups?
7. Do you use a variety of ways to study?
8. Do you review your mistakes on past exams or quizzes?
9. Do you combine information from both your class notes, textbooks, and homework?

Based on this assessment, where do you see areas that you could improve your study habits?
